

PREVENTING ACES

HOME VISITING

TOOL

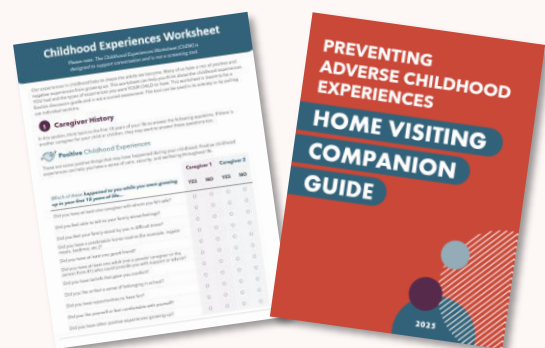
A guide for home visiting programs for engaging families in talking about and addressing adverse childhood experiences.

Home visiting provides an intergenerational setting in which families can acknowledge strengths, resilience, alongside how past ACEs as well as positive childhood experiences may impact their parenting and current life. Home visitors were often cited by families in the Preventing ACEs in Home Visiting pilot as a trusted support and non-judgmental space wherein discussion of ACEs is more comfortable because they feel safe.

On the next page there are possible strategies to use when engaging caregiver(s) in conversations around their resilience, strength, adverse and positive childhood experiences, and how to increase positive childhood experiences for their child(ren). Throughout use of the tools please refer families to services and resources as needs are identified.

Note: This is a generalized tool. Model aligned PACE Plan of Care and guidance is located for Maternal Infant Health Programs on the MIHP website. Guidance aligned to Healthy Families Michigan and Michigan Parents as Teachers as well as generalized training and tools are available on the Center for Quality Family Support website.

*This tool is intended to be used alongside the **Childhood Experiences Worksheet (ChEW)** and the **Preventing Adverse Childhood Experiences Home Visiting Companion Guide**. While resources have been curated for you in the PACE Home Visiting Companion guide, you are free to utilize other handouts that you feel are more supportive of local community or cultural differences.*



ChEW

Companion Guide

- Complete **Childhood Experiences Worksheet (ChEW)** with caregiver(s) to explore past ACEs that may be impacting the family, which positive supports are present for the infant/child, and reflection space to plan forward or set goals on what they would like their own child(ren)'s experiences to be.
- Discuss Adverse Childhood Experiences and Positive Childhood Experiences. Refer to *Talking about ACEs with Caregivers* section of the **Companion Guide**.
-  Review and discuss **Understanding ACEs** handout with caregiver.
- Educate on prevalence and awareness of impact on health and parenting. Refer to the *ACEs and Parenting* section of the **Companion Guide**.
-  Review and discuss **Parenting to Prevent and Heal ACEs** handouts with caregiver.
- Discuss ACEs in current environment for infant/other children in home and role of Positive Childhood Experiences, Protective Factors. Refer to the *Positive Childhood Experiences* and *Protective Factors* sections of the **Companion Guide**.
-  Review and discuss **4 Building Blocks of HOPE** with caregiver.
- Discuss how to recognize protective factors to reduce ACE impact for children utilizing one or more of the tools in Home Visiting PACE **Companion Guide**.
- Discuss **stress reduction and self-care strategies** with caregiver (see section in the **Companion Guide**).
- Discuss **impact of substance misuse** in context of infant/child ACE in home, refer to local resources (see section in the **Companion Guide**).
- Discuss **impact of mental health** in context of infant/child ACE in home, refer to local resources (see section in the **Companion Guide**).
- Discuss impact of **interpersonal violence** (physical, sexual, psychological/emotional, coercion) in context of infant/child ACE in home, refer to local resources (see section in the **Companion Guide**).
- Discuss **additional ACE factors**: family member incarcerated; refugee or immigration experience; history of physical or emotional neglect; environmental substance exposures; discrimination; death, divorce, or separation of caregivers; living with a family member with mental illness; mass impact events (e.g., war, natural disaster) (see section in the **Companion Guide**).
- Refer caregiver(s) to other applicable community resources and supports.